

Impairment of consciousness with and without fever

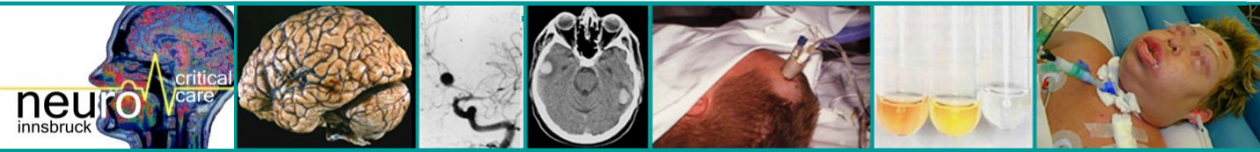
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Conflicts of Interest:

EAN Task Force: **Neurology in Sub-Sahara Africa**

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Member of the **National Verification Committee (NVC)** for **Measles and Rubella Eradication**

(Federal Ministry for Social Affairs, Health, Care and Consumer Protection, Austria)

Member of the **National Polio-Committee**

(Federal Ministry for Social Affairs, Health, Care and Consumer Protection, Austria)

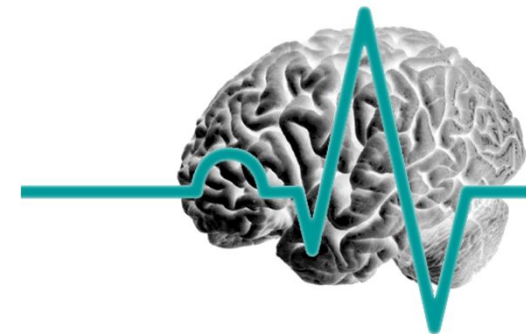
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No Conflict of Interest with respect to the topic of this lecture



Based on the most recent data in the US, which organ system accounts for the highest percentage of serious diagnostic errors in the emergency department (ED)?

A Cardiovascular 23%

B Gastrointestinal 7%

C Neurologic 34%

D Pulmonary 8%

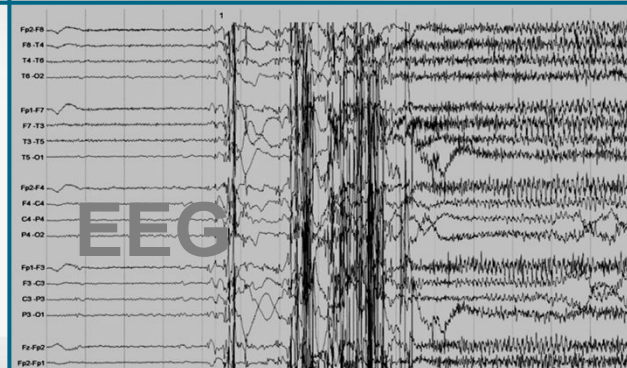
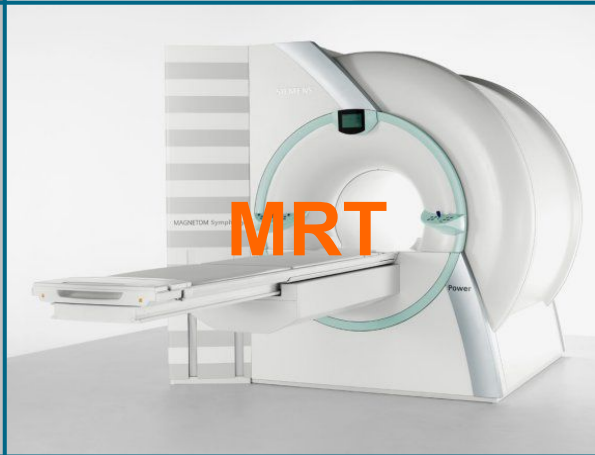
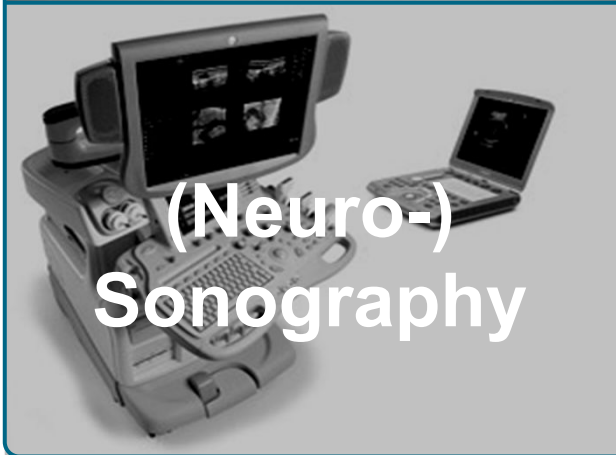
According to a report published by the US Agency for Healthcare Research and Quality (AHRQ) in 2022, the top 5 organ systems with diseases linked to serious diagnostic error were neurologic (including stroke; 34%), cardiovascular (23%), pulmonary (8%), gastrointestinal (7%), and hematologic (including venous thromboembolism; 7%).

sudden onset of impairment of consciousness



→ after **exact clinical/neurological examination** **AND** **appropriate history** (family, observers, passers-by etc):
GCS, focal signs, nuchal rigidity, body temperature, seizures

→ **stabilize the patient** and then time has come to decide →



What causes impaired consciousness?

The mechanism for coma or impaired consciousness involves **dysfunction of both cerebral hemispheres or dysfunction of the reticular activating system** (also known as the ascending arousal system).

Causes may be structural or nonstructural e.g.,
- toxic or
- metabolic disturbances.

Damage may be focal or diffuse.

The common causes of a sudden loss of consciousness are:

- **Accidents/trauma/traumatic brain injury**
- Drug-, alcohol overdose
- **Poisoning**
- **Metabolic derangements**, e.g. hypoglycemia etc
- **Lack of blood flow in the brain**, cardiac arrest, ventricular fibrillation, aortic dissection, abnormal heart rhythm, ventricular fibrillation, asystolia, low PB
- Severe loss of blood
- low BP
- Hyperventilation – Hypokapnia
- **Hypoventilation – Hypoxia/Anoxia, Hyperkapnia**
- **Seizure**
- **Stroke - ischemic, hemorrhagic, CSVT, SAH**
- **Infection, intracranial and systemic, e.g. septic shock, multi-organ malaria etc.**
- **Inflammation**

:

Clinical Diagnosis of Impairment of consciousness in adults, adolescents and children

The Glasgow Coma Scale (Graham Teasdale and Bryan Jennett, 1974)

Scoring a person's level of consciousness

This assesses 3 essential clinical features:

• **eye opening** 1 - 4

– a score of 1 means the person doesn't open their eyes at all, and 4 means they open their eyes spontaneously

• **verbal response to a command** 1 - 5

– 1 means no response, and 5 means a person is alert and talking

• **voluntary movements in response to a command** 1 - 6

– 1 means no response, and 6 means a person can follow commands

A lower score indicates a more severely impaired consciousness

➔ **GCS 8 or lower means COMA**

Diagnosis - Impairment of consciousness – in infants and young children

The Blantyre Coma Scale

Eye movement

- 1 – Watches or follows
- 0 – Fails to watch or follow

Best motor response

- 2 – Localizes painful stimulus (patient's ability to remove stimuli)
- 1 – Withdraws limb from painful stimulus
- 0 – No response or inappropriate response

Best verbal response

- 2 – Cries appropriately with pain, or, if verbal, speaks
- 1 – Moan or abnormal cry with pain
- 0 – No vocal response to pain

All scores below 5 are not normal, a lower **score (2 or lower) indicates a severely impaired consciousness, i.e. COMA**

Disorders of consciousness can occur if the parts of the brain responsible for consciousness are injured or damaged.

The main causes can generally be divided into:

- traumatic brain injury
- non-traumatic brain injury
- progressive brain damage

Traumatic brain injury

Traumatic brain injury occurs when an object or outside force causes severe trauma to the brain.

This is most often caused by:

- falls**
- traffic accidents**
- violent assault**

Non-traumatic brain injury

Non-traumatic brain damage is usually caused by a health condition, such as:

➔ **a condition that deprives the brain of oxygen** (without a continuous supply of oxygen, brain tissue begins to die)

➔ **a condition that directly attacks brain tissue**

Specific causes of **non-traumatic** brain injury include:

- **strokes**
- **heart attacks**
- **severe brain infections (such as meningitis, encephalitis, brain abscess, meningovascularitis)**
- **severe systemic disease affecting the brain function, e.g. septic shock**
- **drug overdoses, poisoning**
- **metabolic derangements**
- **near drowning or other types of suffocation, such as smoke inhalation**
- **a blood vessel rupture, e.g. ruptured brain aneurysm, AV malformation, dissection**

Progressive brain damage

In some cases, brain damage can gradually occur over time.

Examples of conditions that cause progressive brain damage include:

- **Alzheimer's disease**
- **Parkinson's disease**
- **brain tumor, space occupying lesion, brain abscess, obstructive hydrocephalus**
- **chronic CNS infection, e.g. CNS TB, SSPE etc**

Impaired consciousness **without** fever 1

Cerebral ischemia / hypoxia

- diffuse – e.g. due to cardiac arrest, drowning, strangulation, CO intoxication
- focal – brainstem- posterior fossa-ischemia (basilar artery occlusion), bilateral ACM ischemia

Intracranial hemorrhage

- intracerebral hemorrhage, hypertensive ICH, vascular malformations
- subarachnoid hemorrhage
- subdural, epidural hemorrhage
- sinus-, venous thrombosis

Poisoning, intoxications, withdrawal

Autoimmune-diseases

Any type of space-occupying processes

- tumors – benign, malignant
- hydrocephalus – obstructive, malresorptive

Status epilepticus, in particular non-convulsive status epilepticus

Traumatic brain injury

Septic shock

Brain death

without fever indicates: **prior to and/or at the time of acute/peracute onset of impairment of consciousness**

Impaired consciousness **without** fever 2

Metabolic dysregulations, metabolic encephalopathies

- hyp**O**- and hyp**er**-, **rapid shift, rapid correction**

-- glycemia

-- other endocrinological disorders, e.g. adrenal - Addison-crisis

-- lactic acidosis

-- capnia

-- natremia and other electrolyte-disturbancies

-- uremia

-- hepatic failure

-- thyroidism

-- vitamin (B1, B6, B12 etc) deficiencies

-- central pontine myelinolysis (Osmotic demyelination syndrome (ODS))

-- hypothermia

-- posterior reversible encephalopathy syndrome, cerebral vasoconstriction syndrome

-- rhabdomyolysis, malignant neuroleptic syndrome

without fever indicates: prior to and/or at the time of acute/peracute onset of impairment of consciousness

Impaired consciousness **with** fever 1

Cerebral ischemia / hypoxia

- diffuse – e.g. due to cardiac arrest, drowning, strangulation, CO intoxication
- focal – brainstem- posterior fossa-ischemia (basilar artery occlusion), bilateral ACM ischemia

Intracranial hemorrhage

- intracerebral hemorrhage, hypertensive intracerebral hemorrhages, arteriovenous malformations
- subarachnoid hemorrhage
- subdural, epidural hemorrhage
- sinus-, venous thrombosis

Poisoning

Inflammation

Any

- tumor
- aspiration pneumonia,
- hydrocephalus
- health-care-associated infection
- drug induced hyperthermia,
- e.g. malignant hyperthermia

Status epilepticus

Traumatic brain injury

Sepsis, Septic shock

with fever indicates: prior to and/or at the time of acute/peracute onset of impairment of consciousness

Impaired consciousness **with** fever 2

Systemic Infections

- parasitic diseases
- sepsis – septic shock, septic encephalopathy

Infections of the central nervous system

- bacterial meningitis, meningoen­cephalitis
- viral meningoen­cephalitis, encephalitis
- fungal meningoen­cephalitis
- brain abscess, sub-, epidural empyema
- meningovasculitis
- septic sinus- venous thrombosis
- cerebral malaria with or without multiorgan malaria (P.falciparum)
- subacute, chronic meningoen­cephalitis, e.g. African trypanosomiasis
- eosinophilic meningoen­cephalitis (e.g. larva migrans visceralis / cerebralis)

Autoimmune encephalitides (antiNMDAR – etc,)

Secondary CNS and cerebral blood vessel affection in autoimmune diseases, e.g. systemic lupus erythematosus

Heat stroke and heat related diseases

Malignant hyperthermia, malignant neuroleptic syndrome

with fever indicates: prior to and/or at the time of acute/peracute onset of impairment of consciousness

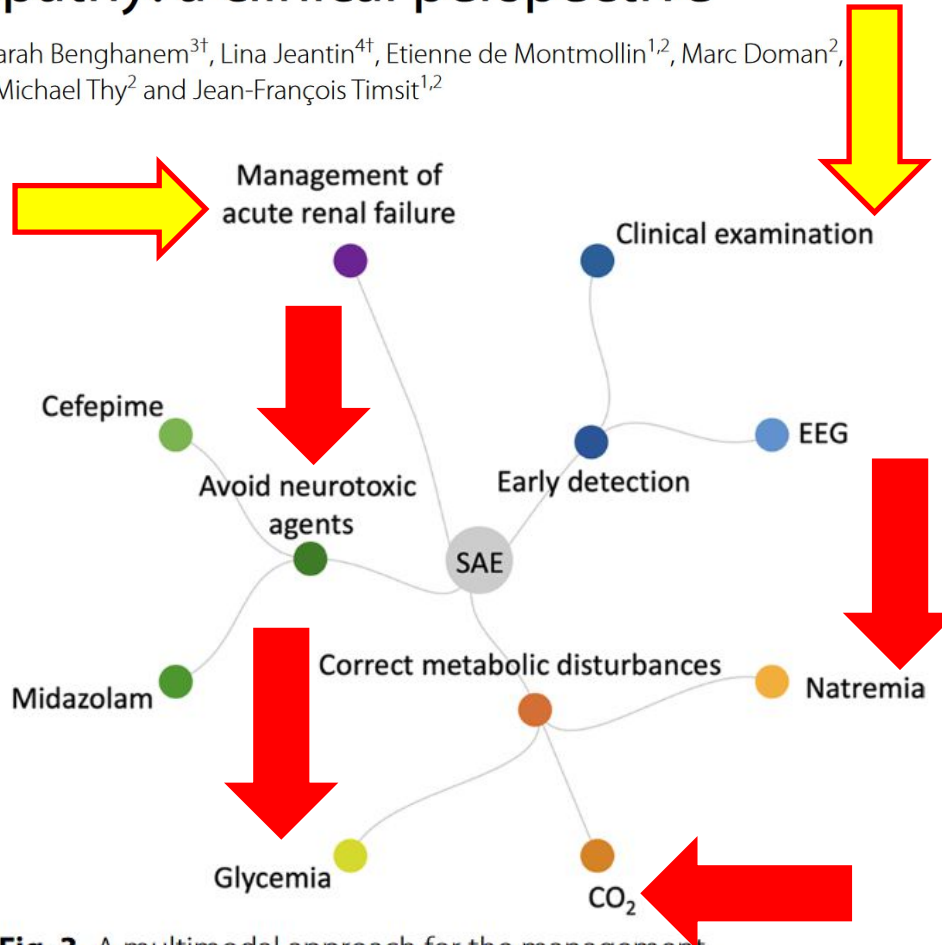
REVIEW

Open Access



The spectrum of sepsis-associated encephalopathy: a clinical perspective

Romain Sonneville^{1,2*}, Sarah Benghanem^{3†}, Lina Jeantin^{4†}, Etienne de Montmollin^{1,2}, Marc Doman², Augustin Gaudemer^{1,5}, Michael Thy² and Jean-François Timsit^{1,2}



sepsis, septic shock,
or
systemic infection
with **multi-organ-**
failure, -involvement

Fig. 3 A multimodal approach for the management of sepsis-associated encephalopathy. EEG Electroencephalography; SAE Sepsis-Associated Encephalopathy

REVIEW

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sepsis, septic shock, or systemic infection with multi-organ-failure, -involvement

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Table 2 Proposed targets for control of systemic causes of secondary brain injury

Variable	Proposed target	Comments
MAP	65–80 mmHg	A higher MAP target (≥ 80 mmHg) is not associated with reduced mortality [61, 63] A higher MAP target is associated with higher RASS scores during ICU stay [64]
PaO ₂	80–120 mmHg	Hyperoxia is associated with increased mortality [65]
PaCO ₂	35–45 mmHg	Hypercapnia (> 45 mmHg) is associated with an increased risk of SAE [8]
Temperature	36–38.3°C	Fever (> 38.4 °C) is associated with higher mortality [66, 67]
Natremia	135–145 mmol/L	Hypernatremia is associated with an increased risk of SAE [8]
Glycemia	5–10 mmol/L	Hypoglycemia (< 3 mmol/l) and hyperglycemia (> 10 mmol/l) are associated with an increased risk of SAE [8]
Hemoglobin	> 7 g/dL	A higher transfusion threshold (> 9 g/dL) is not associated with decreased mortality [68, 69]

MAP mean arterial pressure; RASS Richmond agitation sedation scale; SAE Sepsis-associated encephalopathy

Impaired consciousness **with** fever 2

Systemic Infections

- parasitic diseases
- sepsis – septic encephalopathy

Infections of the central nervous system

- **bacterial meningitis, meningoencephalitis**
- viral meningoencephalitis, encephalitis
- fungal meningoencephalitis
- brain abscess, sub-, epidural empyema
- meningovascularitis
- septic sinus- venous thrombosis
- **cerebral malaria with or without multiorgan malaria (P.falciparum)**
- subacute, chronic meningoencephalitis, e.g. African trypanosomiasis
- eosinophilic meningoencephalitis (e.g. larva migrans visceralis / cerebrialis)

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Secondary CNS and cerebral blood vessel affection in autoimmune diseases, e.g. systemic lupus erythematosus

Heat stroke and heat related diseases

Malignant hyperthermia, malignant neuroleptic syndrome

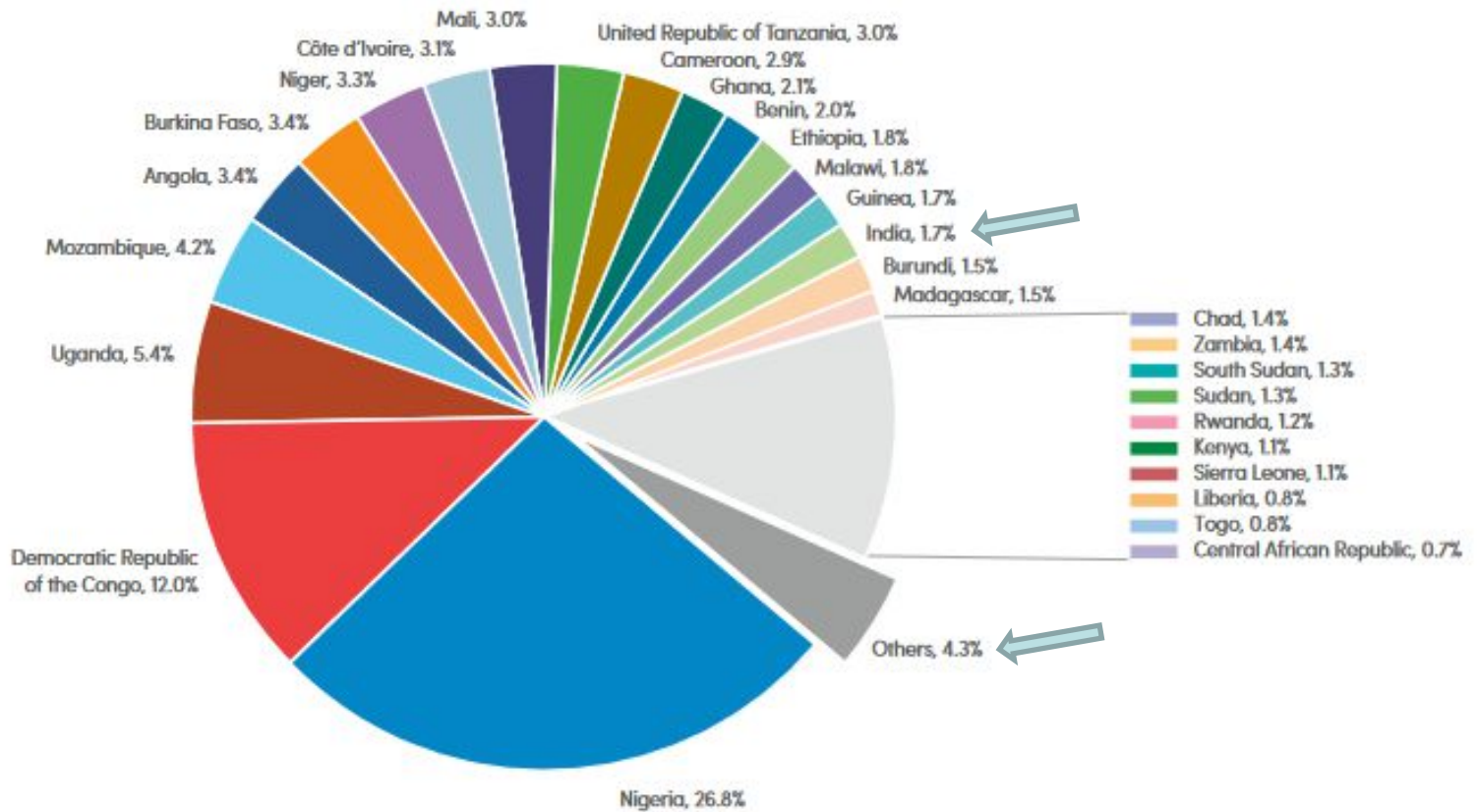
with fever indicates: prior to and/or at the time of acute/peracute onset of impairment of consciousness

World malaria report 2022

Epidemiology

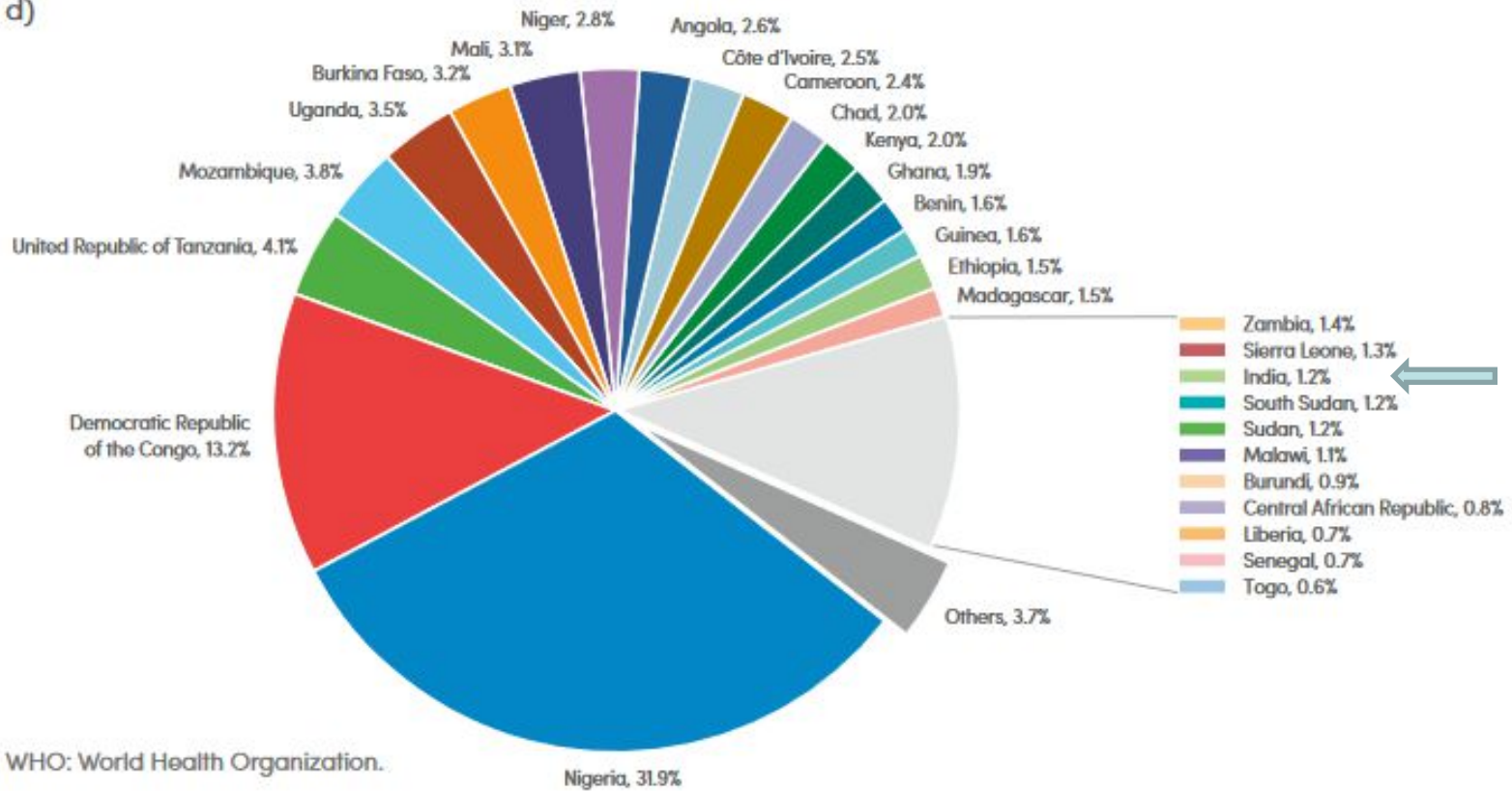


c)



5 countries in SubSaharan Africa: 51,8% of all *P. falciparum* malaria-cases
28 countries in SubSaharan Africa: 94% of all *P. falciparum* malaria-cases

d)



5 countries in SubSaharan Africa: 55,5% of all malaria P.f. deaths
28 countries in SubSaharan Africa: 95,1% of all malaria P.f. deaths

- In 2022, malaria caused an estimated **620 000 deaths**, mostly among **African children (<5y)**.
- Malaria is **preventable and curable**.
- Increased malaria prevention and control measures are dramatically **reducing the malaria burden** in many places, but **in 2020 and 2021 incidence is increasing**.
- **Non-immune travellers from malaria-free areas are very vulnerable to the disease when they get infected**



WHO homepage accessed
15th October 2023

World malaria report 2022



**>95% of all
P.falciparum Malaria
deaths:
Cerebral Malaria
with / without
Multi-Organ-Malaria**

WHO:

Diagnosis **Cerebral Malaria:**

1) History, fever

2) **Impairment of consciousness**, „severe prostration“, **epileptic seizures** , focal neurological signs and symptoms.

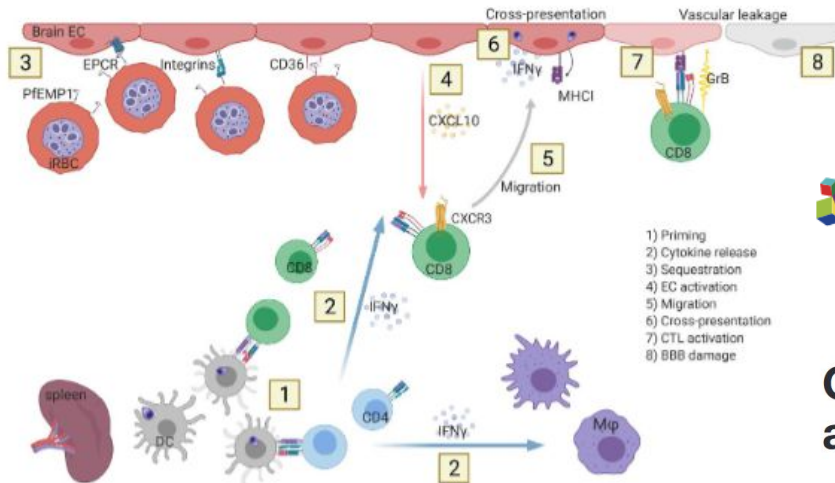
3) **Positive blood smear**

4) **Malaria retinopathy**

REVIEW ARTICLE

Cerebral malaria in children: using the retina to study the brain

Ian J. C. MacCormick,^{1,2} Nicholas A. V. Beare,^{2,3} Terrie E. Taylor,^{5,6} Valentina Barrera,² Valerie A. White,⁷ Paul Hiscott,² Malcolm E. Molyneux,^{1,4,8} Baljean Dhillon^{9,10} and Simon P. Harding^{2,3}



- 1) Priming
- 2) Cytokine release
- 3) Sequestration
- 4) EC activation
- 5) Migration
- 6) Cross-presentation
- 7) CTL activation
- 8) BBB damage

Cerebral Malaria: Current Clinical and Immunological Aspects

Karin Albrecht-Schgoer^{1*}, Peter Lackner², Erich Schmutzhard³ and Gottfried Baier¹

¹ Division of Translational Cell Genetics, Medical University of Innsbruck, Innsbruck, Austria, ² Department of Neurology, Klinik Floridsdorf, Wien, Austria, ³ Department of Neurology, Medical University of Innsbruck, Innsbruck, Austria

1. Dendritic cells present parasite antigens to T lymphocytes in the spleen, priming CD4+ and CD8+ T as parasite-specific.
2. Primed CD4+ T helper cells produce IFN γ , thus activating the innate immune system with phagocytic macrophages (M ϕ).
3. In order to circumvent clearance in the spleen, infected red blood cells (iRBCs) bind to endothelial cells (ECs) via interaction of PfEMP1 with surface proteins CD36, endothelial protein c receptor (EPCR) and integrins α V β .
4. Upon iRBC sequestration, ECs become activated and produce the chemokine CXCL10.
5. Parasite specific CD8+ cells express the chemokine receptor CXCR3 and migrate up the chemokine gradient to the brain.
6. IFN γ released from lymphocytes induces cross-presentation of parasite antigens by ECs, which acquire the ability to phagocytose and present parasite antigens via MHC1 receptors.
7. Antigen-specific binding of CD8+ T cells evokes their cytotoxic activity (CTL).
8. Cytolytic enzymes such as Granzyme B (GrB) destroy the EC-monolayer and BBB integrity, thus leading to vascular leakage and brain oedema.

Priming
Cytokine release
Sequestration

Endotheliopathy

Endothelial Cells activation
Migration
Cross presentation

CD8+ Tcells
BBB damage

Endotheliopathy



Artesunate versus quinine in the treatment of severe falciparum malaria in African children (AQUAMAT): an open-label, randomised trial

*Arjen M Dondorp, Caterina I Fanello, Ilse C E Hendriksen, Ermelinda Gomes, Amir Seni, Kajal D Chhaganlal, Kalifa Bojang, Rasaq Olaosebikan, Nkechinyere Anunobi, Kathryn Maitland, Esther Kivaya, Tsiri Agbenyega, Samuel Blay Nguah, Jennifer Evans, Samwel Gesase, Catherine Kahabuka, George Mtove, Behzad Nadjm, Jacqueline Deen, Juliet Mwanga-Amumpaire, Margaret Nansumba, Corine Karema, Noella Umulisa, Aline Uwimana, Olugbenga A Mokuolu, Olanrewaju T Adedoyin, Wahab B R Johnson, Antoinette K Tshetu, Marie A Onyamboko, Tharisara Sakulthaew, Wirichada Pan Ngum, Kamolrat Silamut, Kasia Stepniewska, Charles J Woodrow, Delia Bethell, Bridget Wills, Martina Oneko, Tim E Peto, Lorenz von Seidlein, Nicholas P J Day, Nicholas J White, for the AQUAMAT group**

Summary

Background Severe malaria is a major cause of childhood death and often the main reason for paediatric hospital admission in sub-Saharan Africa. Quinine is still the established treatment of choice, although evidence from Asia suggests that artesunate is associated with a lower mortality. We compared parenteral treatment with either artesunate or quinine in African children with severe malaria.

Lancet 2010; 376: 1647-57

Published Online
November 8, 2010
DOI:10.1016/S0140-
6736(10)61924-1

Pathophysiology of cerebral malaria:

Part of Multi-Organ-Failure

→ **Impairment of microcirculation**

→ **Endothelial dysfunction**

(Endotheliopathy)

Very strict recommendation: **Intensive Care Management is crucial in every patient with complicated P.falciparum Malaria, in predominantly cerebral malaria: neuro-critical care management**

Journal of Critical Care 43 (2018) 356–360



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Intensive care in severe malaria: Report from the task force on tropical diseases by the World Federation of Societies of Intensive and Critical Care Medicine



Dilip R. Karnad ^a, Mohd Basri Mat Nor ^b, Guy A. Richards ^c, Tim Baker ^{d,e}, Pravin Amin ^{f,*}, On behalf of the Council of the World Federation of Societies of Intensive and Critical Care Medicine

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Immediate clinical management of severe manifestations and complications of falciparum malaria

Manifestation/complication	Immediate management ^a
Coma (cerebral malaria)	<p>CPP = MAP - ICP</p> 
Hyperpyrexia	Administer tepid sponging, fanning, cooling blanket and antipyretic drugs.
Convulsions	Maintain airways; treat promptly with intravenous or rectal diazepam or intramuscular paraldehyde.
Hypoglycaemia (blood glucose concentration of <2.2 mmol/l; <40 mg/100ml)	Check blood glucose, correct hypoglycaemia and maintain with glucose-containing infusion.
Severe anaemia (haemoglobin <5 g/100ml or packed cell volume <15%)	Transfuse with screened fresh whole blood
Acute pulmonary oedema ^b	Prop patient up at an angle of 45°, give oxygen, give a diuretic, stop intravenous fluids, intubate and add positive end-expiratory pressure/continuous positive airway pressure in life-threatening hypoxaemia.
Acute renal failure	Exclude pre-renal causes, check fluid balance and urinary sodium; if in established renal failure add haemofiltration or haemodialysis, or if unavailable, peritoneal dialysis. The benefits of diuretics/dopamine in acute renal failure are not proven.

Wherever NICU is available
 optimize microcirculation
avoid hypotension and hypoxia
maintain CPP

endovascular cooling

avoid barbiturates

avoid hypo- and hyperglycemia → tight control of glycemia

transfer to an ICU (in time) with invasive respiratory techniques and cardiopulmonary monitoring
 avoid withdrawal of i.v. fluid!!!
 early hemofiltration

Adjunctive therapies

$$\text{CPP} = \text{MAP} - \text{ICP}$$

Cerebral **P**erfusion **P**ressure (**CPP**) →
Elevation of **M**ean **A**rterial **P**ressure (**MAP**)
Reduction of **I**ntra**C**ranial **P**ressure (**ICP**)

A single episode of hypotension (sBP <90 mmHg for > 5min) doubles **mortality**
(BTF, 2016)

- Fluid resuscitation ?!
- Catecholamines (Epinephrine, etc.) ?
 - Cave: Intestine!!

In CM: avoid Hypo- and Hyperventilation, thereby avoiding Hyper- and Hypocapnia

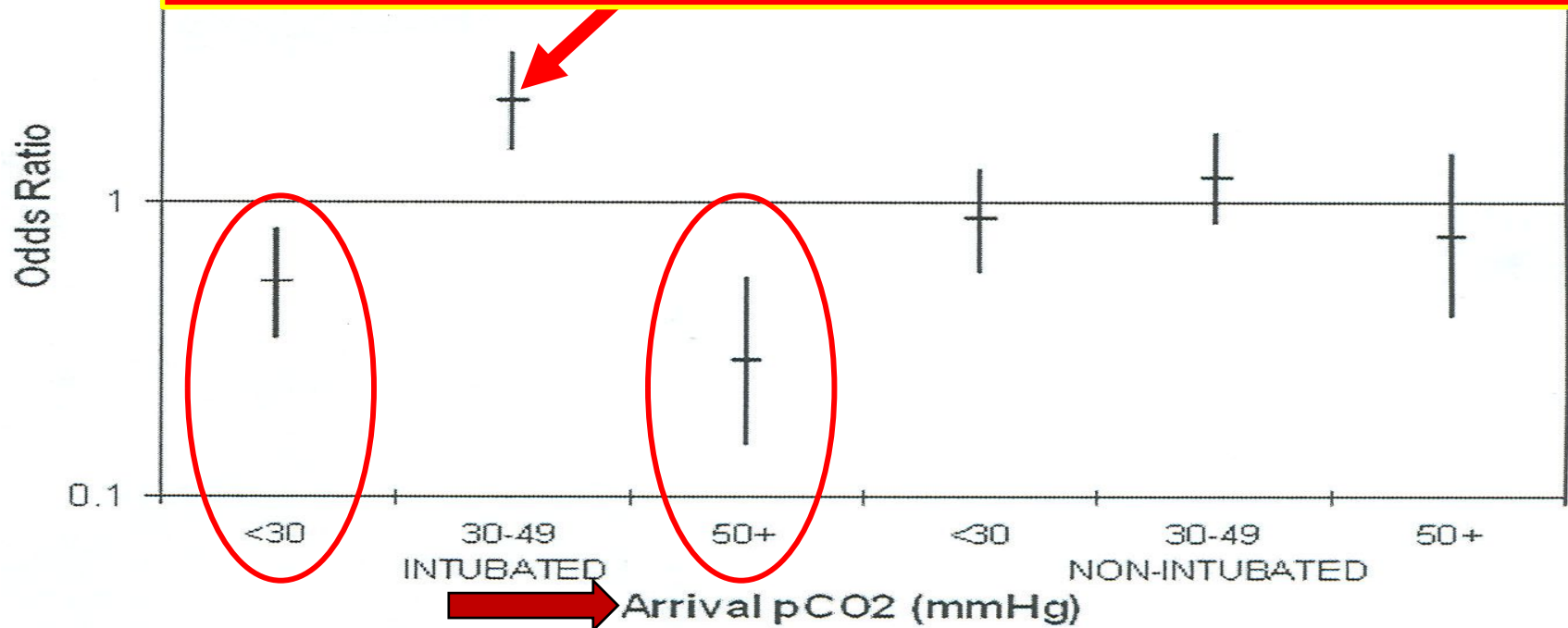







Figure 2. Adjusted odds ratio of survival and a good outcome for patients within and outside the target range for arrival Pco₂ (30–49 mm Hg). Odds ratios are adjusted for age, gender, mechanism of injury, year of injury, preadmission Glasgow Coma Scale, Head Abbreviated Injury Score, Injury Severity Score, preadmission hypotension, arrival Po₂, and base deficit. Adjusted odds ratio of survival and good outcomes for intubated and nonintubated patients with hyperventilation (arrival Pco₂ values <30 mm Hg), euventilation (arrival Pco₂ 30–49 mm Hg), and hypoventilation (arrival Pco₂ ≥50 mm Hg). Intubated patients within the optimal range were compared with other intubated patients below and above this range, whereas nonintubated patients within this range were compared with other nonintubated patients outside this range.

SYSTEMATIC REVIEW

The role of acute hypercapnia on mortality and short-term physiology in patients mechanically ventilated for ARDS: a systematic review and meta-analysis



Sécolène Gendreau^{1,2,3} , Guillaume Geri^{4,5} , Tai Pham^{6,7} , Antoine Vieillard-Baron^{4,5} 
and Armand Mekontso Dessap^{1,2,3*} 

Take-home message

We found conflicting clinical effects of hypercapnia during ARDS depending on its mechanism.

The protective effects of permissive hypercapnia seemed driven by protective ventilation while the deleterious effects of imposed hypercapnia seemed mediated by pulmonary vascular dysfunction.

Most essential take home message if cerebral malaria is suspected

emergency blood slide and fundoscopy

Blood-gas-analysis:

pO₂: never rely on pO₂ alone, d.h. ohne
always and only in conjunction with pCO₂:

→ **Hyperkapna doubles mortality**

→ **Hypokapnia triplicates mortality**

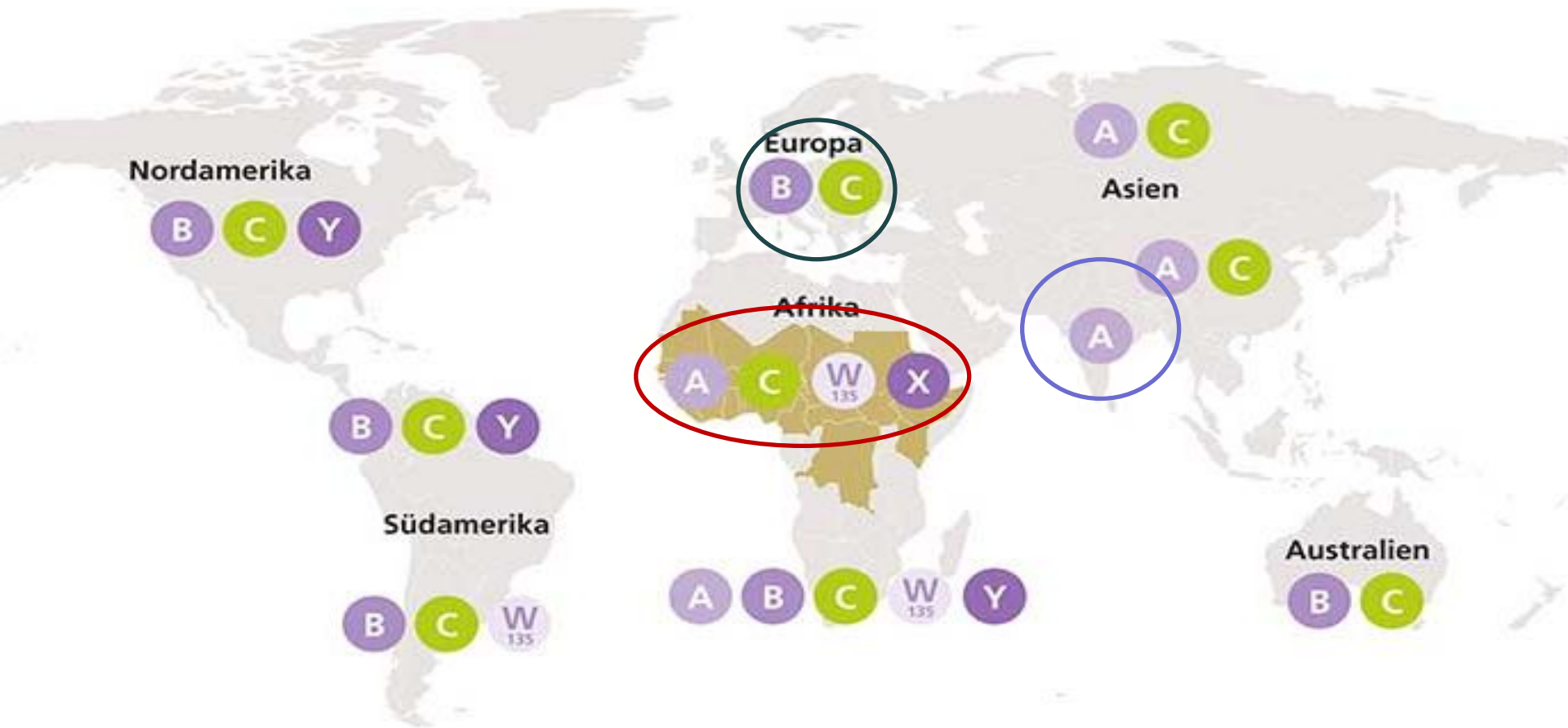
CAVE:

Hypoglycemia,

BUT similarly CAVE:

Hyperglycemia

→ AVOID ALL HYPOS AND HYPERS



A, W135
plus C and X



ELSEVIER



www.elsevierhealth.com/journals/jinf

Antibiotic treatment delay and outcome in acute bacterial meningitis

Rasmus Køster-Rasmussen ^{a,*}, André Korshin ^b, Christian N. Meyer ^c

**in 2023: even more important:
→ DELAY OF APPROPRIATE ANTIBIOTIC TREATMENT !!**

Antibiotic treatment delay and outcome in acute bacterial meningitis

Rasmus Køster-Rasmussen ^{a,*}, André Korshin ^b, Christian N. Meyer ^c

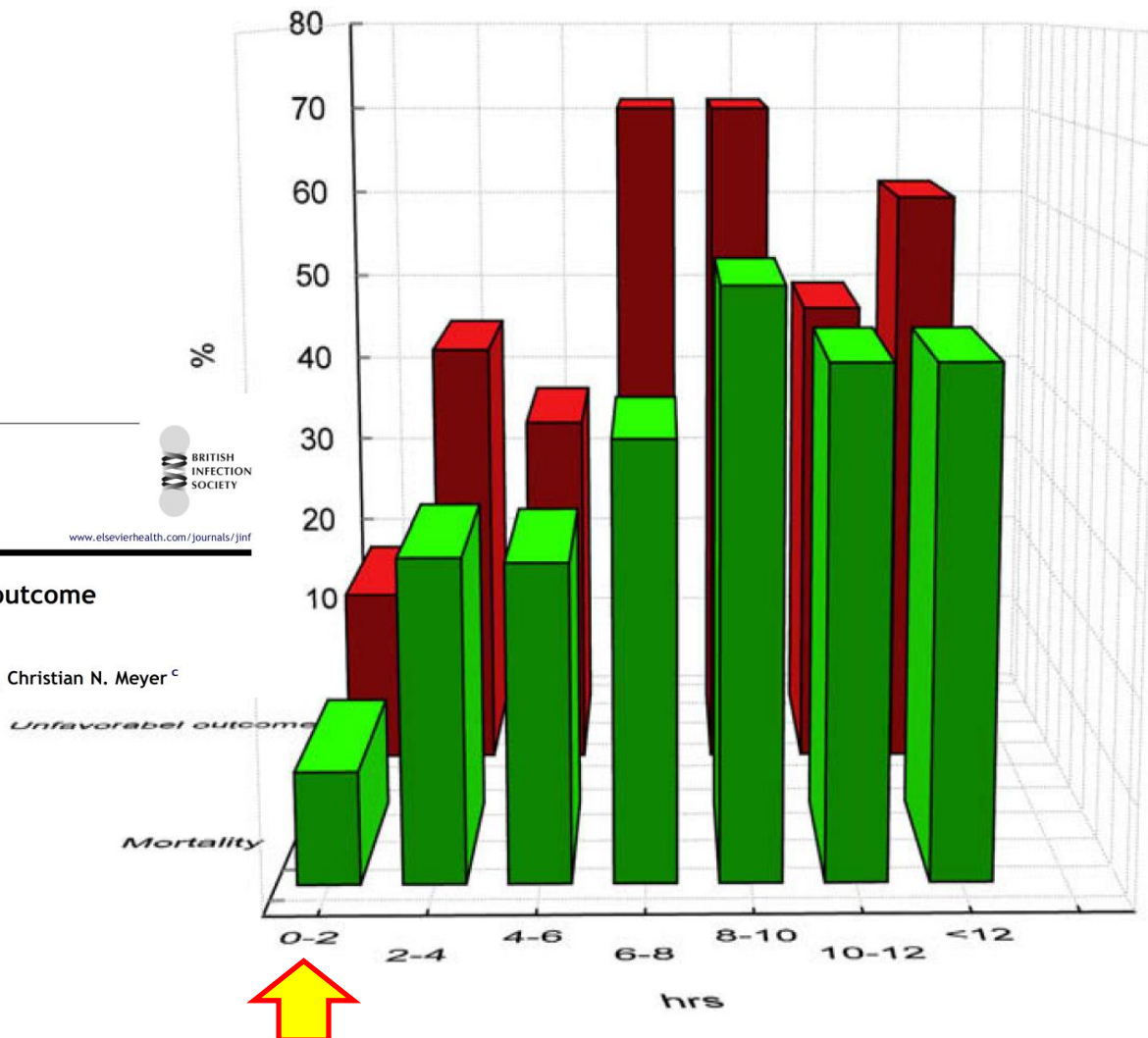
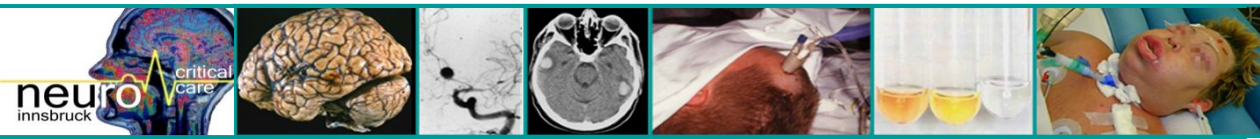
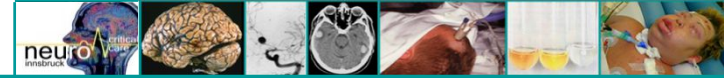


Figure 2 Rate of mortality and unfavourable outcome according to the treatment delay in time interval in acute bacterial meningitis.



VIRAL ENCEPHALITIS





Acute viral Meningoencephalitis

- after prodromal „signs and symptoms“

- **headache**

- **behavioural disturbance**

- **disorientation**

- **confusion**

- **hallucinations**

- **somnolence/sopor/coma**

- Focal or generalized epileptic seizures

- focal neurology

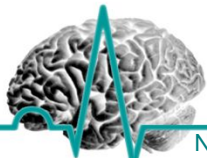
- **Meningism (frequently only mild)**

**avoid neuroleptics
– they might induce
epileptic seizures !**

qualitative

impairment of consciousness

quantitative



Rabies, the most lethal virus known to man, occurs in more than 150 countries and territories. The disease is usually fatal once symptoms appear.

Dog-transmitted rabies accounts for about 99% of human rabies cases.

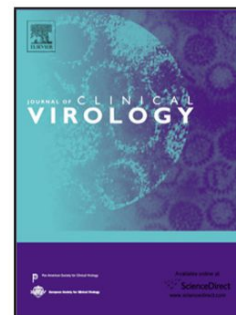
It is estimated that **59 000 people** die from rabies every year.

(WHO, May 2020)

Title: Ongoing and emerging arbovirus threats in Europe

Author: Luisa Barzon

PII: S1386-6532(18)30216-6
 DOI: <https://doi.org/10.1016/j.jcv.2018.08.007>
 Reference: JCV 4044



To appear in: *Journal of Clinical Virology*

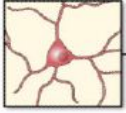
Table 2. Clinical syndrome associated with arbovirus infection.

Syndromes	Viruses
Febrile illness	Dengue, chikungunya, O'nyong-nyong, etc.
Rash	Dengue, chikungunya, Zika, O'nyong-nyong, Sindbis virus
Arthralgia and/or myalgia	chikungunya, dengue, Crimean-Congo haemorrhagic fever, sandfly viruses, O'nyong-nyong, Sindbis virus, Ross River virus
Neurological syndrome	West Nile virus, tick-borne encephalitis, Japanese encephalitis, St. Louis encephalitis, Zika virus, Powassan virus, dengue, Toscana virus, Venezuelan and other equine encephalitis viruses, Rift Valley fever, La Crosse virus and California encephalitis virus antigenic group
Haemorrhagic syndrome	dengue, yellow fever, Crimean-Congo haemorrhagic fever, Rift Valley fever
Congenital syndrome	Zika virus



Cortical neurons

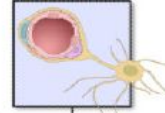
AV
BV
HSV
JEV
MeV
SLEV
TBEV
WNV



pathogenic virus
and patient's
immune-response

Meninges/Perivascular

HEV
HIV
JEV
LCMV
MeV
Mumps
Nipah



POINTS

- A diverse spectrum of viruses can enter the CNS, causing acute and chronic neurological disorders
- Virus-induced CNS diseases are influenced by routes of viral entry, viral tropism, and immune responses
- CNS immune reactions limit the spread of virus, but can also cause severe pathology
- Viruses can directly injure or disable cells of the CNS resulting in disease
- New animal models and therapeutic interventions are required to lessen the burden of CNS viral infections worldwide

enteroviruses, HIV, human immunodeficiency virus, HSV, herpes simplex virus, JCV, John Cunningham virus, JEV, Japanese encephalitis virus, LCMV, lymphocytic choriomeningitis virus, MeV, measles virus, Mumps, Mumps virus, Nipah, Nipah virus, PV, poliovirus, RV, rabies virus, SLEV, St. Louis encephalitis virus, TBEV, tick-borne encephalitis virus, WNV, west Nile virus.



CLINICAL PRACTICE

FOSSIL-FUEL POLLUTION AND CLIMATE CHANGE

Caren G. Solomon, M.D., M.P.H., *Editor*

Treatment and Prevention of Heat-Related Illness

Cecilia Sorensen, M.D., and Jeremy Hess, M.D., M.P.H.

KEY CLINICAL POINTS

TREATMENT AND PREVENTION OF HEAT-RELATED ILLNESS

- Climate change is causing increasingly frequent and severe heat waves, resulting in increases in the incidence of heat-related illness and exacerbations of heat-sensitive conditions.
- The risk of heat-related illness is driven by heat exposure (ambient and internally generated heat from exertion), individual susceptibility (influenced by age, pregnancy status, and coexisting conditions), and sociocultural factors (including environmental racism, poverty, lack of social cohesion, lack of access to health care, and limited worker protections).
- Heat-related illnesses range from mild to life-threatening, and heat exposure exacerbates many common health conditions, including cardiac, respiratory, and kidney diseases.
- Without prompt recognition and treatment, heat stroke has high associated mortality. Treatment includes rapid cooling, rehydration, and management of potential end-organ damage.
- Heat-related illness is preventable. Clinicians have a role in identifying patients at risk, providing counseling regarding signs and symptoms, and recommending strategies for reducing risk.

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Impaired consciousness **without** fever 1

Cerebral ischemia / hypoxia

- diffuse – e.g. due to cardiac arrest, drowning, strangulation, CO intox
- **focal – brainstem-, posterior fossa ischemia (basilar artery occlusion), bilateral ACM ischemia**

Intracranial hemorrhage

- **intracerebral hemorrhage, hypertensive ICH, vascular malformations**
- **subarachnoid hemorrhage**
- subdural, epidural hemorrhage
- sinus-, venous thrombosis

Poisoning, intoxications, withdrawal

Inflammation, autoimmune-diseases

Any type of space-occupying processes

- tumors – benign, malignant
- hydrocephalus – obstructive, malresorptive

Status epilepticus, in particular non-convulsive status epilepticus

Traumatic brain injury

Septic shock

Brain death

without fever indicates: prior to and/or at the time of acute/peracute onset of impairment of consciousness

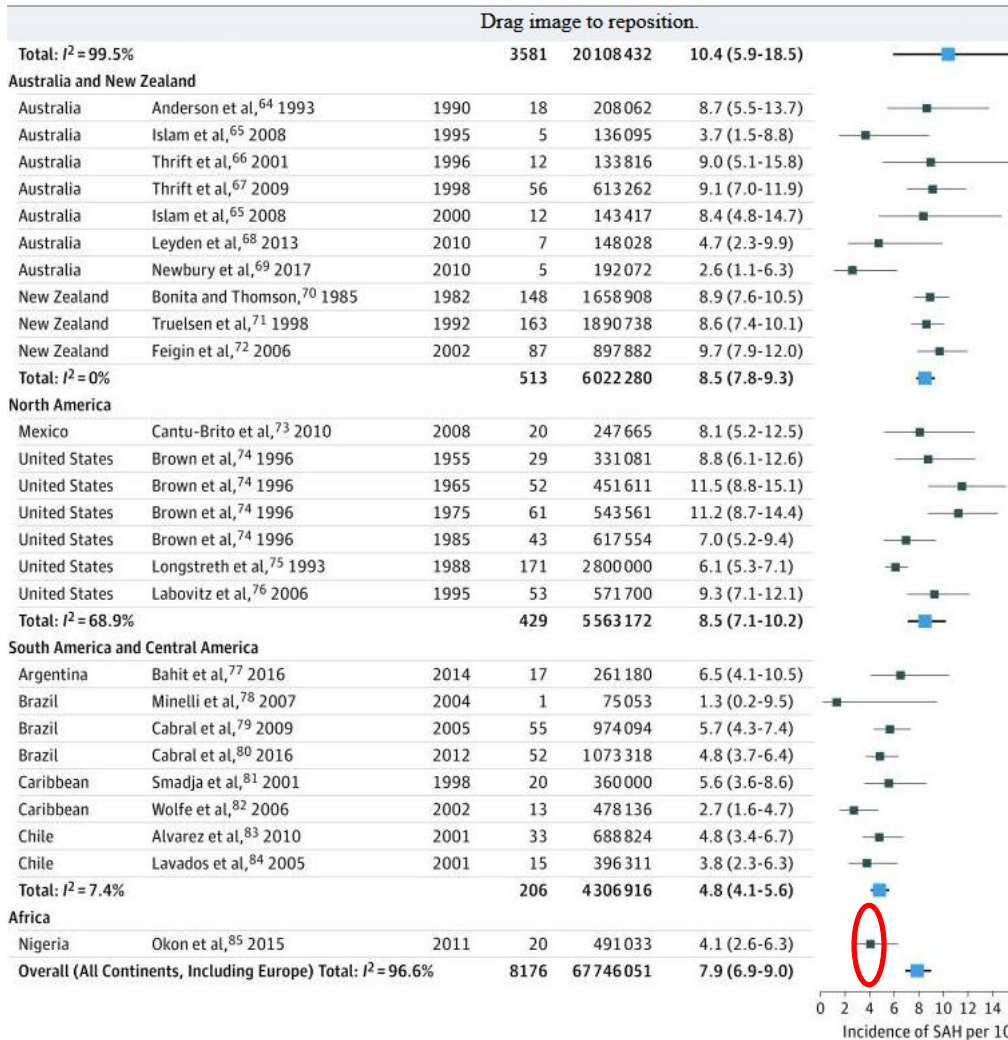


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PR



aSAH (aneurysmal subarachnoid hemorrhage)

Incidence:

Nigeria: 4/100.000/y

Australia:

8-9/100.000/y

South-America:

5/100.000/y

USA: 8/100.000/y

worldwide:

7-9/100-000/y

Impaired consciousness **without** fever 2

Metabolic dysregulations, metabolic encephalopathies

- hyp**O**- and hyp**eR**-, **rapid shift, rapid correction**

-- glycemia

-- other endocrinological disorders, e.g. adrenal - Addison-crisis

-- lactic acidosis

-- capnia

-- natremia and other electrolyte-disturbancies

-- uremia

-- hepatic failure

-- thyroidism

-- vitamin (B1, B6, B12 etc) deficiencies

-- central pontine myelinolysis (Osmotic Demyelination Syndrome (ODS))

-- hypothermia

-- posterior reversible encephalopathy syndrome, cerebral vasoconstriction syndrome

-- rhabdomyolysis, malignant neuroleptic syndrome

without fever indicates: prior to and/or at the time of acute/peracute onset of impairment of consciousness